ERALD'S PAGE FOR WOMEN READERS LATEST PHOTOPLAY NEWS

Housewives Daily Economy Calendar. The Housewife's Cook Book.

The best sort of cook book is really not a cook book at all. It might be called a cook book, if it had to have a name. The ideal way of keeping called a cook book, if it had to have a name. The ideal way of keeping cooking recipes is to write them on cards arranged alphabetically according to subjects, and these cards are best kept in a little box. A neat little box with a hinged cover complete with a set of cards can be bought for about 75 cents. Any box that will heatly hold a set of cardboard cards will answer the purpose, however. The chief advantage of cards over the pages of a book is that they may be removed and conveniently laid before you as you cook, that when soiled they may be copied and the old cards destroyed, and that they may be rearranged at will, giving room for new recipes at any time.

Every housewife should have a cook book of her own. There are many large complete books on cooking that are aimost ideal in their directions for cooking, but no one of these books, nor all ET them will take the place of the individual book—the accumulation of a lifetime a sometimes and the register of lunder vegetables keen a list of name of the set of the place of the individual book—the accumulation of a lifetime a sometimes and the register of lunder vegetables keen a list of name of the place of the place

cooking, but no one of these books, nor all of them will take the place of the individual book—the accumulation of a lifetime, sometimes, and the register of family tradition, taste and individuality. First ther are those old recipes that are a matter of family tradition—and what household has not special ways of cooking the common dishes that are more acceptable to the particular family than all the scientific recipes in the world? Then there are the recipes that come as a matter of individual experience, inventions in cultimary art that every housewife works out for herself. Then there are recipes gathered from many outside sources. If you keep a cook you will be able to gain valuable recipes even from the least efficient of them. National dishes, often embodying valuable principles of economy, can be learned from the European women who find employment in our kitchens, and these recipes adapted to the American taste and food supply should find place in recipes adapted to the American taste and food supply should find place in this single vegetable, and if a single food supply should find place in this single vegetable, and if a list like this were kept for each vegetable. esting ways of cooking things when she travels, or gains suggestions from the restaurants, hotels, or the social luncheon or dinner party.

The best way to arrange your re-

TO PRESERVE COLOR.

If there is danger of the color running, add to the extra water a little vinegar, for mauve or heliotrope, oxgall for brown, alum for green, methylated spirits for all shades of lemon or yellow, and salt for blue. A handful of salt, byt the way, in the rinsing water nearly aways acts as a preservstive for ny shde or coor.

Frocks always look best if they are washed in bran water, without any soap being used. The bran water is made by boiling a pound of bran in two quarts of clean warm water and wash the dress in as many lots of water as neces-. Rinse thoroughly in cold water, when half dry iron on the wrong

sary. Rinse thoroughly in consand when half dry iron on the wrons side with a hot iron.

Summer slik, blouses need washing quickly and carefully, one at a time. Squeeze, but do not wring, the blouse through two bowls of scapsuds, then rinse through clear warm water. Most pale colored sliks are improved by being given a second rinsing through blue water. Squeeze the blouse as fire of water as possible, roll up in a dry towel, and before it is quite dry first through clear as possible. The same materials as the dress, and the same materials as the dress, and take the place of underwear.

It is a delight to them as well as to the mother, who knows very well the difference in the laundering, for this sensible custom does away with petiticoat and drawers. The bloomers are made of the same materials as the dress, and take the place of underwear.

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Manufacturers will begin to see gain in business. In the Middle West there will be a sodden stimulation of trade.

Chicago is under a good sign, so far

All sorts of summer clothes made of to be given very particular washing. White lace should be first soaked in luke-White lace should be first soaked in luke-warm soapsuds, then washed in another with plain white collars and cuffs. supply of warm soapsuds. The lace should never be wrung or rubbed, but simply pressed and squeezed.

he used as are needed to get all the dirt out of the lace, then it should be rinsed first through tepid, then through cold water.

KITCHEN HINT.

In the kitchen a wall shelf is conven lent for the clock or a nest row of spice boxes. Quaint little Delft china recep-tacles come on shelves built especially to accommodate them, and these are both useful and ornamental in a blue and

white kitchen.

No cellar is complete without a hanging shelf swung on chains or wooden supports from the rafters. Safely out of the way of mice, such a shelf is convenient for preserves or fruit, or for storing large bundles. In the cellarway there is room for an additional shelf to hold the necessary bottles of blue, am-monia, and the like; and outside the kitchen door a series of shelves will be found convenient for clothes line buckets and the like. If these shelves can made into a closet with a door, all the

Reliability Is Important To Young Folks

Young couples who are furnishing their first home of married life should come to us; not only because we will give them the easiest terms of any house in Washington, but because they may rely absolutely upon the high quality of our goods.

We'll help them to a pretty, comfortable home, with furniture of which they may be proud-the kind that will give years of satisfactory service.



Our Credit Accommodation Brings Home Comfort. 817 to 823 Seventh Street



MENU FOR TODAY. BREAKFAST.

Online LUNCHEON. Chocolate pudding

Green corn Peach ice cream

BLOOMERS FOR GIRLS.

Striped fabrics, not the Roman stripes of spring favor, but fine, two-toned stripes are worn by well-dressed women dresses, or what not-need this summer. A most interesting frock in the summer wardrobe of a well-known

SINGLE-BREASTED COATEE.



The single-breasted coatee is never more attractive than as shown here. This is a reigning French model, showing the is a reigning French model, showing the long-tailed coat and high turn-over collar of the French dandy during the Directoire era. The suit is fashionably carried out in plaid cioth, combined with plain black sailn. The long, close-fitting sleeves are finished with mousquetaire cuffs. To make the suit requires 5½ yards of 44-inch check and 2 yards 35-inch black sain. Pictorial Review Pattern No. 578-Size, 21 to 4 bust. Price, 15 cents. Russian tunic, 5770-Sizes, 14 to 20 years or 21 to 35 waist. Price, 15 cents. Skirt No. 556-Sizes, 21 to 22 waist. Price, 15 cents.

THREE PHASES OF ONE STYLE

When the Premet basque first appeared it was long and wrinkled and tight. If the model shown in the lower left-hand corner—a French frock of wine-colored satin in two shades. Now it has been much modified, and the Salamander frock, which is pictured on the left, is really modeled on the same lines as the original Premet basque, combined with the long Cheruit tunic. In the upper right-hand sketch still another modification of this new basque is shown.



DAILY HOROSCOPE.

FRIDAY, AUGUST 28, 1914.

This is a lucky day, according to the

business. In the Middle West there will come, by skillful combinations and adapte a sudden stimulation of trade.

Chicago is under a good sign, so far as its general commercial conditions are

To make the will.

happy omen for the year. They are likely to enjoy much travel and they will probably enjoy prosperity in business and financial affairs. But those who are em-Children born on this day have the prognostication of good fortune and happiness. Success is probable in most of their principal armititions. These gubjects of Virgo, with Mercury as their principal ruling planet, often incline toward literature and the arts.

The Needed War.

There was no time for mediation, no time for calm thought, in the present war.

Nobody had a serious grievance that was new or acute. Perhaps the war was welcomed by the heads of nations that are truling planet, often incline toward literature and the arts.

(Copyright, 1914.)

The music originating in this country s not popular abread.

FRUIT SOUFFLES FOR SUMMER The foundation for nearly all souffles

is a white sauce, but after the foundation once is made, the souffle may be-

toomed by the heads of nations that are troubled with socialism, nihilism, militancy as to suffrage, home rule troubles, sabotage and the like. When the history of this war is written the fistory of the first they are air-tight, so that the contract that they are air-tight, so that the contract of this war is written, these things will

YOUTHFUL JINGLES.



Little Adventures in Married Life SHOPPING By Katherine Brooks

Husband Twits Wife on Her But, my dear girl, you went in by 16 of ther feather to its cap is putting it mildly indeed, for Mins Lindroth is indeed an acquisiton that any company should be proud of. This star has had bought here. They showed me a navy should be proud of. This star has had bought here. They showed me a navy should be proud of. This star has had such an extensive stage career that it is little wonder that her advent in pictures has been halled with such delight by the ence with Tailor.

Stella dropped into a chair, leaned her read back and closed her eyes. She raised herself once more to take off her hat and run her fingers wearily through her hair, rubbing her head as though it ached. Then she lay back Bud grinned and smote his knee softly. though it ached. Then she lay back Bud grinned and smote his knee softly, again and remained motionless. Bud but she did not see him. Presently she found her so when he came home. ound her so when he came home.
"Hullo," he said. "Tired out?"
"Absolutely exhausted," murr

Stella in a faint voice.

"Shopping."
"Heavens! you must have bought out per

sieves and I wanted long. Then I went

-oh, everywhere!" She shut her eyes
again as she put down her cup and
leaned back. "I tried on till my legs
ached, and finally I had to go back to
Chase's after all."

"At McAllister's I saw some awfully good looking men's suits in the window, You may see about getting yours, Bud."
"Oh, I got one today," he answered

nonchalantly, unfolding his evening pa



"Hello," He Said, "Tired Out?"

the town. Where'd you go?" "Everywhere-from pillar to post. From Dan to Beersheba."

"And what did you buy?" "A-how many did you say?"

"One."

The maid entering at that moment with a cup of tea, he fetched a tabouret for Stella, and sat down beside her.

"One dress," he went on, reflectively, "Just after I telephoned you," Stella answered, whom the tea revived. "Yes, I know it seems foolish to you, but I couldn't find what I wanted. You seem to think I like to spend all day on my feet looking at things and trying on.

"One dress," he went on, reflectively, "You must have taken the very first thing they showed you," Stella said disapprovingly.

"I did," said Bud. He looked gravely and also a heavy drinker. There was hardly a man on the old wooden vessel who, if the occasion provked, would not found the thing that I wanted the spend all day on my feet looking at things and trying on.

Famous Women Her Birthday and Yours Marie Martin-Lucy Hayes.

Chicago is under a good sale as general commercial conditions are concerned, but it will suffer from labor troubles before many weeks, the seers declare.

Marriage problems will occupy the attention of legislators in Great Britain, Bankers and brokers are subject to a succept that should give them power to dominate in great undertakings. Fortunes will be made in large ventures involving foreign nations.

Mexico is still under influences that promise little progress in securing peace and improved conditions. It will again present puzzling problems in statecraft. California women are said to be under a planetary government which is most a planetary government which is mo

SIX SMALL SUGGESTIONS.

In canning fruits, turn the filled jars

unside down for a day or two, to be sure be taken into accout.-St. Louis Times, or else used at once before it can spoil. When peaches are peeled and sliced for There are 1,500 registered autos in Bar- dessert, put them in a bowl covered with damp cloth and set them in the ice box

ntil ready to serve. When you buy berries to serve for tomorrow morning's breakfast, look them over at once and take out any that are very soft and not likely to keep. Spread the rest in a thin layer on a platter and set in a dark, cool place. These will keep fresh and crisp until the morning, and the oversoft ones may be stewed in

syrup.

When cheese becomes too hard to eat, grate it and put away in a bottle to use for macaroni, sandwiches, etc. Before adding raisins to a pudding roll them lightly in flour to prevent their settling to the bottom.

A few drops of onlon juice added to

made-over meat dishes will greatly im-prove their flavor, flut not enough should be used to give a strong onion flavor.

TO PLEAT RUFFLES.

MISS MARY MARSHALL

and improved conditions. It will again present puzzling problems in state-craft.

California women are said to be undera planetary government which is most accordance economic principles.

Owing to the benefic aspect of Mara,
Owing to the benefic aspect of

fine white cotton is better to use when hemming light-colored silks than a sewing silk as it sinks into the material better than the twisted silk.

If lettuce when wilted is put into a pan In 1912 nearly 600 steam vessels entered

Joyful Anticipation

of Motherhood There is apt to be a latent apprehension of distress to mar the complete joy of expectation. But

this is quite over-come by the advice of so many women to use "Mother's Friend." This is an external application designed to so lubri-

cate the muscles and to thus so relieve the pressure reacting on the nerves, that the natural strain upon the cords and liga-

ments is not accompanied by those severa pains said to cause nauses, morning sick-ness and many local distresses. Many people believe that those remedies which have stood the test of time, that Now that nearly every lingerie waist shows a pleated ruffle of some kind, the problem of laundering them to look almost like new confronts us.

I have found that if I iron the ruffles first, then remove the needle and shuttle from the sewling machine and adjust the ruffle attachment. I can then run the hem of the ironed ruffle through and it makes if look kinds.

It is best to use the long gauge for them unless the ruffles are very narrow.

I have also discovered that a very lingerie waist shows thoughout the United States it may be earlig interred that it is something that women gladly recommend. "Mother's Friend" is prepared only in our own laboratory and is sold by druggists everywhere. Ask for a bottle to-day and write for a special book for expectant mothers. Address Bradfield Regulator Co.

307 Lamar Bldg., Atlanta, Ga.

HELEN LINDROTH A STAR. TODAY'S MOTION opular Kalem Actress Has Had

Stage Experience.

Down in Jacksonville, Fla., is a lady

whom it is a pleasure to introduce to

the film world. She is Miss Helen Lind-

roth, the Kalem star and beauty. To say

that the Kalem Company has added an-

has been halled with such delight by the

PICTURE PROGRAMS Zenith: "Love Victorious" and "Pretzel's Baby." Leader: "Jose's Coney Island Nightmare," "A Harbor of Love," and "The Better Man."

Lyric: "The Trey o' Hearts" and "The Divercee." Mid-City: "The Trey of Hearts,"

Maryland: "On the High Seas" and "Uncle Ike on His Honey-

ors refuse to obey the order. Under circumstances aptly explained in the action of the picture. Van shoots the captain and lays the guilt on Jim. Jim is threatened for murder on the

high seas; there is only one who believes in him—the girl—even though her own father was the victim. The captain is buried and holds the secret. The rest of the story deals with Elsie, Van. and Jim. still on the boat. Van takes to drink and bullies the crew unmercifully. Elsio it is who in the end finds out that he is the murderer, and that the captain was stabled to death, besides being shot. All this is told in a dramatic manner, and ends with a confession under peculiar circumstances, freeing Jim, and making

BRADY'S PLAYS TO BE FILMED.

The World Film Corporation has acquired all the rights and producing privi-leges to the plays which William Brady has produced during the past twenty years. As far as possible the World Film Corporation will employ the same casts which presented Mr. Brady's successes on Broadway. Mr. Brady has consented to this arrangement, and many of the actors and actresses who slayed the leading roles in his productions have signed con-tracts with the World Film Corporation, agreeing to portray the same roles they Helen Lindroth developed her latent made famous in the original speaking

Helen Lindroth developed her latent talents in the best of schools, the Boston Museum Stock Company. Then she met with unusual success in such plays given Mr. Brady's plays than when as "Polly of the Circus," "Springtime" and "The Nest Egg." and that vaudeville glassic with Emma Dunn, "The Baby." Miss Lindroth has endeared herbook, while Mr. Brady has consented to look the second of the seco self by her appealing acting, chartoing loan the interior sets used in his produc-personality and benety.

As a motion picture actress she has assist them in their picturization of his added many new laurels to her list of successes. successes. In this field she has the

successes. In this field she has the greatest possibilities to portray varied parts, and it is needless to say she has satisfied in every manner. She is a genuine treat always. Her attention to detail, her wincomeness and her impersonations hold one in mute rapture from the moment she appears on the screen.

PICKLED STRING BEANS.

A fine way to prepare string beans for winter use: Take beans just as they are picked from vine, do not cut or string them, wash them well and place a layer of beans and a layer of sait alternately in a stone iar until jar is full, then cover MARYLAND SHOWS IMP FEATURE in a stone jar until jar is full, then cover with a large plate; put a large rock on plate. In a few days they will have made pickle enough to keep them finely all "You did? When?"
"On my way home."
"But good gracious, you didn't leave the office till nearly 5. When I called up they said you had just gone."
"Sure. I stopped at the tailor's on my way to the train."
"How long were you there?"
"Oh, I didn't notice. I had time enough."

"On The High Sens." an Imp two-reel the program at winter. Now as you want them take out and string and cut them and soak them overnight. It will be necessary to change Gaden; The Captain, Howard Crampton; the water quité a number of times, as they are very sait, but after they have shipowner's excuse for sending his son Jim onto one of his ships. His instructions to the captain were to make the boy work and put some ginger into him.

CRITICISM IS WITHDRAWN

boy work and put some ginger into him.

The captain of the schooner was a drunkard. His first mate was a bully and also a heavy drinker. There was Showing Retraction of Statements.

Following a meeting of the relief board at the Treasury Department Wednesday afternoon a statement was issued anback. Into this junk ship, among the crowd of brutal, unprincipled men, Mr. Marshall, rich shipowner, sent his son to reform him—"to make a man of him, as he put it. The father, by sending his boy into such a mess, was taking the right course to make a devil of him. Jim, the son, was worthless, but the fact that he was raised in ease and pampered, was mainly to blame for that. When he found himself landed—by force

pampered, was mainly to blame for that. When he found himself landed—by force—onto the filthy old ship and adrift on the high seas, it was an awful shock to his aristocratic sensibilities. But there he was, and then every fiber of his better nature rebelied against absorbing, or the conditions of the government.

Officials said that it was thought wise to make the communication public because of the feared unwholesome effect it might have upon the confidence of American people that their relatives abroad are being cared for properly by the government.

even palliating the sort of life conditions seemed to superinduce. However, he might have falled, become like the rest B. H. WARNER, JR., WITHDRAWS except that there was just one clean thing on the ship-a girl. She was the Leaves Republican Nomination Open

to Fred N. Zihlman. Need for a Republican primary election

NORTHWEST.

daughter of the captain.

In time Jim meets the captain's daugh-

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'Jose's Coney Island Nightmare'

Read the Advance Moving Picture Programs in Today's Herald.

NORTHWEST. MARYLAND

9TH NEAR Q. ON THE HIGH SEAS." "UNIVERSAL IKE ON HIS HONEY-MOON."

> MID CITY "TREY O' HEARTS," NO. 1.

SOUTHEAST.

ZENITH

Sth, Near G se. "LOVE VICTORIOUS."

"PRETZELS' BABY."

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